

# FREE Program for Parents

Has your child (age 14-35) made a suicide attempt or engaged in other life-threatening behavior?

## Family Connections™

### Managing Suicidality and Trauma Recovery

FC-MSTR is a program for parents whose teenage or young-adult child has made a suicide attempt or engaged in self-injuries the parent experienced as **traumatic**. The program aims to empower parents to effectively manage the stress and trauma following crisis. If you or a loved one is experiencing increased distress, worry or anxiety, grief, family conflict, or if you are unsure about how to respond to your loved ones crisis' behavior, please contact our team to learn more about this **FREE** program for parents.



**FC-MSTR is a FREE 2-day program for parents, offered as part of a RESEARCH STUDY providing:**

- \*Psychoeducation:** Learn up to date information about suicidal and self-injurious behavior, emotion dysregulation and trauma.
- \*Skill building:** Learn coping skills to help your own distress about your child's difficulties as well as family skills to repair/improve your relationship.
- \*Support:** Connect with other families and build your own support network.



Now enrolling participants from any geographic location for a program in **White Plains, NY on June 28-30.**

**To learn more or register please contact us.**

Tel: 617-855-4392

Email: [lpayne3@partners.org](mailto:lpayne3@partners.org)

Sponsored By



**McLean HOSPITAL**  
HARVARD MEDICAL SCHOOL AFFILIATE



**Presented by**

Alan Fruzzetti, PhD  
Cynthia Kaplan, PhD  
Luciana Payne, PhD