



NATIONAL EDUCATION ALLIANCE FOR BORDERLINE PERSONALITY DISORDER

Family Connections[®]

Weekend Class

November
7 and 8, 2015

8:30 AM - 5 PM
New Haven, CT

Register at:
Kim@neabpd.com

Questions:
Marie-Paule de
Valdivia
203-688-5480

Family Connections (FC) is a free, 12-session group education, individual/family skill and social support program for parents and partners (and other loved ones) of people with Borderline Personality Disorder or chronic emotional dysregulation. Groups are facilitated generally by family members and sometimes by professionals, and the program is sponsored by the National Education Alliance for BPD (NEA-BPD). Several published studies support its effectiveness, and FC is now available across the US and in at least 16 countries.

This week-end class, generously hosted by Yale-New Haven Hospital Psychiatric Hospital, will be led by Beth McCrave and Marie-Paule de Valdivia, both experienced leaders and parents of young adults with BPD. Participants pay only for their own expenses. A \$50 donation per person is suggested (\$75 per couple) which covers the printing costs of the materials, but no one will be turned away for financial reasons. Costs are minimal in part thanks to the help of Yale-New Haven Hospital Psychiatric Hospital, who is donating the space, and because NEA-BPD is a non-profit, all-volunteer organization.

Both family members and professionals are welcome to attend the class. The program is designed for family members (this is not for people with lived experience of the disorder). Professionals of all stripes who are committed to helping families (without fees to participants) are welcome.

